

**** CHHAHARI SPA TREATMENT MENU ****

- ❖ TREKKERS RECOVERY MASSAGE 60 min Rs. 3500 | 90 min Rs. 4000
 - Deep tissue oil massage with focus on foot and physiotherapy techniques.
- ❖ TRADITIONAL HIMALAYAN DESTRESSING MASSAGE 60 min Rs. 3500 | 90 min Rs. 4000
 - Traditional Himalayan stress relieving massage combination of deep Tissue massage & effleurage
- ❖ AYURVEDIC MAMA MASSAGE 60 min Rs. 3500 | 90 min Rs. 4000
 - Detoxifying & harmonizing massage. Much herbal used in stimulation Energy points.
- ❖ EAST MEET WEST COMBO MASSAGE 90 min Rs. 4000
 - Combination of stretching, deep tissue and effleurage.
- ❖ HOT STONE THERAPY 60 min Rs. 4000 | 90 min Rs.4500
 - This therapy involves the placing of hot basalt stones on key point on the body warming it up and allowing the therapist to massage deep into stiff muscles therapy relaxing and soothing the muscles.
- ❖ BODY SCRUB 45 min Rs. 2500 | 60 min Rs. 3000
- ❖ FACIAL 45 min Rs. 2500 (quick facial)
60 min Rs. 3000 (deep facial)
- ❖ MANUCURE / PEDICURE & SCRUB 60 min Rs. 3000
- ❖ MANICURE /PEDICURE SPA TREATMENT 90 min Rs. 4500
 - MANICURE/PEDICURE/SCRUB/FOOT CREAM/THERMAL WRAP
- ❖ HERBAL INFUSION 60 min Rs. 4000 | 90 min Rs. 4500
 - Our infusion of warm exotic oils leave your skin soft and delicately performed and the fusion of warm herb, oils rejuvenates, improves skin's texture herbs the body at its deep tissue.
- ❖ AROMA THERAPY 60 min Rs. 4000 | 90 min Rs. 4500
 - Aroma therapy is a form of alternative medicine that uses volatile plant materials, known as essential oils. It is one of the oldest methods of holistic healing, equipped to rejuvenate the body, mind & sprit with the addition of sweet smelling oil of your choice to refresh your senses.
- ❖ FOOT MASSAGE 45 min Rs. 2000 | 60 min Rs. 2500
 - The therapist focuses on the pressure points of your foot and aids in removing toxins from your body.

NOTE: PLEASE MAKE YOUR APPOINTMENT BEFORE 1 DAY AT THE RECEPTION.